

Membership Application for the Southern Elite Racing Team

Please consider this application for membership on the Southern Elite Racing team. If accepted I freely agree to make the following representations and agreements from now until the end of the 2009 calendar year.

- I will compete only for Southern Elite unless released by the team to do otherwise. An official letter of release from team management is required if competing for another team.
- I will present a positive image for my sponsors, for my team and for myself at all times
- I will act in a manner consistent to creating the image of being a lady or a gentlemen and a good sport. I will avoid the use of foul language in public
- I will conduct myself so that I might become known as an exemplary role model among my peers and younger team members.
- I will make every effort to attend races and team rides that are important to the team's goals.
- I will never ride "dirty" against other riders by making "moves" which could cause them to crash and be injured
- I will volunteer to help out for at least one designated team event during the year.

Please state why you wish to join Southern Elite (use back of page if necessary):

Today's Date _____ **E-Mail** _____

Name (print) _____ **2009 Racing Age** _____

Street Address _____

City, State, Zip _____, _____, _____

Telephones H: _____ W: _____ C: _____

Category == Track _____, Road _____, Cyclocross _____ **Mtn Bike** _____

Racing age in 2009 _____

Signature of Applicant (or Parent of Child)

Who to notify in case of emergency:

Name _____ **Phone** _____

The annual membership fee is \$20, please send the form and the fee to

Southern Elite, 15 Cornerbrook Pl, The Woodlands, Tx 77381

Volunteer Events

Southern Elite puts on two races during the year and also helps out with two charity events. All of these events are very important to the club and our sponsors.

Helping out in at least one event is a requirement for Membership in the team:

Please indicate below which event you plan on helping out at

Spring Breakaway Tour	3/1/2009	_____
Coldspring Race	5/2/2009	_____
Tour De Donut	November	_____

2009 GOALS STATEMENT

Name _____

PLEASE LIST YOUR THREE MOST IMPORTANT GOALS FOR 2009:

(1) _____

(2) _____

(3) _____

PLEASE LIST YOUR THREE MOST IMPORTANT RESULTS FOR 2008:

(1) _____

(2) _____

(3) _____

**PLEASE RETURN TO: Richard Lamb: 15 Cornerbrook Pl, The Woodlands, TX
77381**

Athlete's Release for Southern Elite Team

I ACKNOWLEDGE THAT BY SIGNING THIS DOCUMENT, I AM RELEASING COACH BILL EDWARDS, SOUTHERN ELITE CORPORATION, TEAM SPONSORS AND OTHERS FROM LIABILITY. FURTHERMORE, I UNDERSTAND THAT THIS RELEASE IS A CONTRACT WITH LEGAL CONSEQUENCES. I HAVE BEEN ADVISED TO READ IT CAREFULLY BEFORE SIGNING.

In consideration of the acceptance of this application for **MEMBERSHIP** on the Southern Elite Team which may include participation in bicycle races, coached cycle training programs, skill instruction and/or performance testing I freely agree to make the following contractual representations and agreements. I acknowledge that cycling is an inherently dangerous sport and fully realize the dangers of participating in cycle training, skill instruction and/or performance testing programs and **FULLY ASSUME THE RISKS ASSOCIATED WITH SUCH PARTICIPATION INCLUDING**, by way of example, and not limitation, the following: the potential dangers associated with performing prolonged intense cycle-training at elevated heart rates (**I HAVE CONSULTED WITH MY PHYSICIAN AND/OR I BELIEVE I AM CLEARED FOR INTENSE TRAINING**); the dangers of collision with pedestrians, vehicles, other riders, and fixed or moving objects; the dangers arising from surface hazards, equipment failure, inadequate safety equipment, **THE RELEASED PARTIES' OWN NEGLIGENCE**, and weather conditions; the possibility of serious physical and/or mental trauma of injury associated with athletic cycle training and/or performance testing.

For myself, my heirs, executors, administrators, legal representatives, assignees, and successors in interest (collectively "Successors") **I HEREBY WAIVE, RELEASE, DISCHARGE, HOLD HARMLESS, PROMISE NOT TO SUE AND INDEMNIFY** The staff and officers of Southern Elite and anybody acting on their behalf, Southern Elite Corporation, Team Sponsors, USA Cycling, any property owners or facility occupants and their respective agents, officers and employees (collectively, the "Released Parties") **FROM ANY** and all rights and **CLAIMS ARISING FROM THE RELEASED PARTIES' OWN NEGLIGENCE**, which I have or which may hereafter accrue to me and from any and all damages which may be sustained by me directly or indirectly in connection with racing, training and/or performance testing.

I agree, for myself and my successors, **THAT THE ABOVE REPRESENTATIONS ARE CONTRACTUALLY BINDING**, and are not mere recitals, and that should I or my successors assert my claim in contravention of this agreement, the asserting party shall be liable for the expenses (including legal fees) incurred by the other party or parties in defending, unless the other party or parties are finally adjudged liable on such claim for willful and wanton negligence. This agreement may not be modified orally, and a waiver of any provision shall not be construed as a modification of any other provision herein or as a consent to any subsequent waiver of modification.

Today's Date _____

Name (print) _____

Signature of Applicant (or Parent of Child)

Who to notify in case of emergency:

Name _____ **Phone** _____